Thursday, January 10, 7 p.m.

Opening Night
At The Loft!

The Simpsons and Other Jewish Families
An Evening with Mike Reiss

Following sold-out events in San Francisco and Charlotte, NC, Mike Reiss, longtime writer/producer of The Simpsons, brings “The Simpsons and Other Jewish Families,” to Tucson!

This hilarious evening features rare clips and inside stories from one of the longest running shows in TV history.

A former editor of both The Harvard Lampoon and The National Lampoon, Reiss wrote for The Tonight Show with Johnny Carson, The Garry Shandling Show and Alf before he was hired in 1989 for what he thought was going to be a six-week summer job for a new animated show called The Simpsons. Four Emmys and a Peabody award later, Reiss has written or produced more than 300 episodes of The Simpsons and is still involved in the show as a producer.

Mature content, not for young children.

The Loft Cinema • 3233 E. Speedway
Single tickets $10 • (included in Season Pass)

Date Changes
for “Lighting the J’s Way”

A special celebration in honor of Kenneth D. Light’s 27 years of service

The celebration to honor Ken’s career, his retirement and his TJCC legacy, has been moved to the weekend of October 12-13, 2013 from March 2013. This change will allow the J’s Capital Campaign leadership to coordinate efforts for maximum participation and take advantage of the excitement surrounding the anticipated construction and success of the capital campaign later in the year. For more information, contact Tana Jones, at 299-3000 or tjones@tucsonjcc.org.

Art Community Raises Awareness for Refugees

The International Rescue Committee, The Drawing Studio, the Tucson JCC and the Tucson Museum of Art have issued a call to artists for the upcoming Sanctuary through Partnership: A Collaboration Featuring FLIGHT. This spring, the partner agencies will present a group show examining what “sanctuary” means to Tucson-area artists. Selected works will be on display at the Tucson JCC March 15-April 16. For more information, contact Tucson@Rescue.org with “Sanctuary” in the subject line.
Welcome New JCC Staff

Arts & Culture welcomes Harriet Meador

Harriet has a background in education and cultural resources and extensive experience developing classes in history, culture, fine arts and practical arts. She has lived in Israel, traveled extensively and taught at both THA and Congregation Or Chadash. In addition to continuing Helene’s great work with clubs and classes, she will provide much needed assistance with the Film Festival, Sculpture Garden and all things Arts & Culture!

TJCC Sports and Wellness welcomes new Head Swim Coach of Stingray Swim Team, Martin Reichgott

Martin Reichgott joins us from Yuma, AZ, where he was the Head Swim Coach and General Manager for Yuma Aquatics. During that time, the team broke sixty team records and twice placed in the top 10 at Arizona State Championships. Previously, Reichgott coached in Ketchikan, Alaska for seven years where he trained multiple State and Western Zone individual champions, and High School All-Americans.

Reichgott grew up in Croton-on-Hudson, NY, where he swam and played baseball. He attended Hamilton College, majoring in art history. In his spare time, he enjoys reading and riding his bike. He believes that swimming is the best combination of individual and team sports that encourages athletes to be part of something greater than themselves.

J-Star Award for Staff Excellence:

September 2012
Lori Maurer
Sydney Stewart
Kristin Taft

October 2012
Addy Wood

November 2012
JoDee Lawson
Amy Massie

Reach up to 10,000 households when you advertise in Center View!
Call Gwen at 299-3000 x243

JCC Members enjoy:

• Over 100 FREE weekly fitness classes
• Personal training, massage, and wellness services
• Pool and Splash Park
• Steam room, sauna, and jacuzzi
• On-site Café
• For a limited time, only $10 to join!*

If you're not a JCC Member, call Sue or Kyle at 299-3000 for a free trial pass.

JCC Members - refer a friend, and if they join, we’ll add a free month to your membership!*
Kindergarten Informational Meeting
Tuesday, February 12 at 6 p.m.
JCC Kindergarten Room 205

Parents of current Pre-K age children are invited to come meet our Kindergarten teacher, Marnea Adams and get an overview of our curriculum. If your child will be 5 years old prior to September 1, 2013, he/she is eligible to attend our full-day kindergarten. This meeting is geared to parents. Babysitting is available by calling 299-3000 x142 in advance.

Opportunities are available the week of February 18 for parents to visit the classroom with their child during a regular school day.

2012 Big Ticket Raffle
Thank you for selling and purchasing raffle tickets this year! Your support is an investment in the children, seniors and families of our community.

Mazel tov to our winners!

Grand Prize.................................................................................................................Barry Collins
Runner-Up.................................................................................................................. Miramonte Homes
Prize 1: $500 .............................................................................................................. Rebecca Goodman
Prize 2: $250 .............................................................................................................. John Thompson
Prize 3: $250 .............................................................................................................. Gerry & Linda Tumarkin
Prize 4: Apple iPad ..................................................................................................... Michael Aldridge
Prize 5: iPod Touch ..................................................................................................... Lindsey & Joe Pasternack
Prize 6: iPod Touch ..................................................................................................... Eric Oxman
Prize 7: Flemings $400 Gift Certificate........................................................................ Veronica & Patty
Prize 8: Nintendo Wii .................................................................................................. Stella Kahn
Prize 9: iPod Shuffle ..................................................................................................... Monica Lopez
Prize 10: iPod Shuffle ................................................................................................... Lynn Rae Lowe

The ONLY NAME FOR REAL ESTATE

Madeline
Perfect Condo!

(North Central)
Wonderful location. 2BR, 2BA 1400 sqft, upstairs unit w/lanai. Living room & terrace overlook common area & enjoy the best Rincon Mountain views. Conve. to U of A & Reid Park. $107,500

Panoramic City & Mtn Views

(Northwest)
Cute 2005 3BR, 1452 sqft home. Backs to the River Walk. Great floor plan & convenient location. $140,000

Artist’s Home / Mtn Views

(Northeast)
Stunning mid-century ranch w/artist’s studio. 3917 sqft, 4BR, 3BA, study, studio & spacious lgv room w/ open beamed ceiling. Modern floorplan integrates casual & formal living space. 4.28 ac horse lot. $475,000

River Walk Beauty!

www.TucsonAZHomes.com
TucsonHomeFinder@aol.com

Long Realty Co.

Madison Friedman
Vice President
ABR, CRS, GRI
520.296.1956
888.296.1956

Mazel tov to our winners!
Early Childhood Education parents really outdid themselves this year. They cooked a delicious meal, collected terrific items for the silent auction and classroom baskets, and sold tickets for the Disneyworld vacation raffle.

The children enjoyed the jumping castles, slide, choo-choo train, numerous pets from the Tanque Verde Community 4-H club and entertainment from Two EE the Clown. Everyone had a wonderful time!

A special thank you to all of the parents, staff and other volunteers who spent numerous hours helping, especially the Bash Committee: Krystle Zwoll and Vanessa Gilbert, our co-chairs and Tiffanie Bialis for all her support.

We would also like to thank all the parents who contributed to the success of the event by helping with the numerous projects leading up to the big day. We couldn’t have done it without you!

The grand prize winners of the Disney vacation are Paul Bailey, Aimee Kaempf and family.
TRIBUTES

Gloria and Ben Golden
In honor of your 60th anniversary.
Judy and Mort Ziker

Janet Marcott
Congratulations on your impending retirement.
Marcia and Ken Light

Mr. and Mrs. Jordan Emerson
Mazel Tov on the birth of your baby girl.
Marcia and Ken Light

Bonnie and Randy Emerson
Mazel Tov on the arrival of your granddaughter.
Marcia and Ken Light

The Board and Staff of the Tucson Jewish Community Center

Patty Peck
In honor of your dedication and hard work for the Film Festival.
Robin and Art Cohen

Maralyn Goldstein
In honor of your beloved mother and devoted fan, Z”L. May her memory be a source of peace and comfort to you.
Lee, Daphna, Janet, Elisabeth, Ben, Gloria, Patty, Helen L., Elaine, Candy, Rachel, Marsha, Loretta, Jolene, Linda S., Beth, Sandy, Elsbeth, and Joan.

David Unger
Wishing you a speedy recovery.
The Board and Staff of the Tucson Jewish Community Center

Teresa and Ken Goodman
Congratulations on the birth of your grandson.
Ken and Marcia Light

The Board and Staff of the Tucson Jewish Community Center

Annette and Gerald Freedman
In memory of Bill Freedman.
Paula and Ray Hecker

Mr. and Mrs. Mark Feder
Happy Anniversary.
Fern and Edward Feder

Martin Miller
In your honor.
Ira and Evelyn Tepper

George Miller
Happy Birthday wishes on your special birthday.
Sherry and Dick Belkin

Jill Rosenzweig
In honor of you.
Myra and Leonard Dinnerstein

Bernadette and Joaquin Ruiz
In honor of you.
Sally and Warren Jobe

Molly Shenitzer
Mazel Tov. In honor of your granddaughter’s marriage.
Esther Goodman

Jewel Fishkind
Mazel Tov. In honor of your granddaughter’s marriage.
Esther Goodman

The Family of Maurice Jontow
Our deep condolences on the passing of Maurice Jontow. May his memory be for a blessing.
The Board and Staff of the Tucson Jewish Community Center

Dick Luebke
Congratulations on Pima Medical Institute’s 40 years.
The Board and Staff of the Tucson Jewish Community Center

Dr. Barry Friedman
Congratulations on being honored with the 2012 Jewish Heritage Award.
The Board and Staff of the Tucson Jewish Community Center

Mr. and Mrs. Drew Vector
Our deep condolences on the loss of Drew’s sister, Jill.
Marcia and Ken Light

Holly and Steve Shenitzer
Congratulations on the marriage of your daughter, Ilana.
Marcia and Ken Light

Lynne Nemeth and Lanny Morrison
Our deep condolences on the loss of Irene Nemeth. May her memory be for a blessing.
Marcia and Ken Light

Dr. and Mrs. Gerald Freedman
In memory of Donald Snyder.
Marva Maxwell

Andy London and Family
Thinking of you during this time. I have fond memories of your mom.
Esther Goodman

Darryl Dobras
Congratulations on winning the 7th Annual Shelley Award at the Governor’s Arts Awards.
The Board and Staff of the Tucson Jewish Community Center

Rabbi and Mrs. Israel Becker
In honor of the life and blessed memories of Rabbi Kalman Winter.
The Board and Staff of the Tucson Jewish Community Center

Carmen Bermudez
Congratulations on being selected as a “Woman of Influence.”
The Board and Staff of the Tucson Jewish Community Center

Edmund Marquez
Congratulations on being a Breath of Life honoree.
Marcia and Ken Light

Enid and Mel Zuckerman
Congratulations on the arrival of your great-grandson.
The Board and Staff of the Tucson Jewish Community Center

Bette and Jack Allen
Mazel Tov on your 50th.
Joyce and Mel Jaffe

In honor of your Uncle Robert Polinsky.
Luanne and Bart Unger

Gerald Freedman
Wishes for a speedy recovery.
Louise Gable and Jerry Finn

David Siegel and Linda Riordan
Our condolences on the loss of David’s father.
Marcia and Ken Light

BETH STERN MEMORIAL TRIBUTE

Rami Sarid
Congratulations on your new home.
Lea and Dror Sarid

Laurie and Henry Amado and Family
We grieve with you the loss of your beloved Hank.
May his memory be for a blessing.
Carol and Al Stern

Patty and Chuck Peck
In celebration of Laura’s marriage.
May you all know much happiness.
Carol and Al Stern

Mary and Morley Cooper
Mazel Tov on the new grandchild!
Susan and Billy Schoenberg

Bill Stein and Family
Sincere condolences on your loss.
Susan and Billy Schoenberg

Carole Levi
Congratulations on being recognized as an “Extraordinary Woman.”
Susan and Billy Schoenberg

Soozie Hazan
Congratulations on being recognized as an “Extraordinary Woman.”
Susan and Billy Schoenberg

Annie Onderdonk
Sincere condolences on your loss.
Susan and Billy Schoenberg

Joyce Rice
Wishing you a most spectacular and special birthday.
The Bryn Walker Girls

Annie Onderdonk
Wishing you a speedy recovery.
The Bryn Walker Girls

Mary and Morley Cooper
Mazel Tov on the new grandchild!
Susan and Billy Schoenberg

What do you give the friend or family member who has everything?

Make a tribute gift in their honor and support the JCC. This is a great way to celebrate holidays, to honor someone special or to memorialize a loved one. Tribute gifts are meaningful, personal and have a lasting impact while supporting the future of the JCC.

When you make a tribute donation, we send a card to inform the family or beneficiary of your considerate gift. Your personalized message will also appear in the next issue of Center View. All donors who make tribute gifts also receive a charitable tax receipt for the full amount of their donation for income tax purposes. Suggested minimum gift amount is $10.

Visit www.tucsonjcc.org to make your gift, stop by the Welcome Desk or contact Lori Maurer at lmaurer@tucsonjcc.org or 299-3000 x212.
Casa de la Luz Hospice has been Tucson’s hospice of choice for more than a decade, providing superior care to patients and their loved ones. Our highly skilled staff offers education, compassion, and comfort to patients and loved ones during the final phase of life. Contact us for more information.

“Hospice care provides nurturing support for people to find peace in the process of dying.”

— Marianne M. Schloss, RN, M.Div, Community Educator

...because every day counts.

(520) 544-9890 | www.casahospice.com

Hospice services paid for by Medicare.

Special Needs Services
Taglit Day Program for Young Adults
Weekdays, 8 a.m.-3 p.m.

Taglit is an individualized day program for young adults that focuses on building independent living skills for each participant. Our program includes health & wellness, volunteering, vocational skills, socializing, and having fun! We use the Youth Lounge as our base but venture into the community daily. For all Special Needs Services programs, please call Kristin at (520) 299-3000 x172

J-Care is a licensed after-school facility that offers enriching and fun activities for elementary school-aged children. J-Care has a well-known reputation for being the best and highest quality after-care service in Tucson. We provide safe bus transportation directly from Tucson-area elementary and middle schools with one to five day pick-up options. Registration forms are available online and at the Welcome Desk.
Family Engagement

Family programs are open to JCC members and non-members. Call the FYI Hotline for updates and other information at 299-3000 x FYI (394) or e-mail family@tucsonjcc.org.

2013-2014 School Year ECE Registration
Registration for the 2013-2014 school year will begin in early February for children currently enrolled in the program. A registration schedule and packet will be sent home in late January. Open registration for the public begins mid-February. For details or a tour please call the ECE office at 615-5437.

SCHOOL DAYS OUT!
Grades K-8
Hours: 9 a.m. - 4 p.m.
School Days Out includes lunch (unless otherwise noted), field trips, sports, art, swimming, cooking and more. Kids are separated by age group, with extra privileges for older kids. Flyers available at the Welcome Desk and online at www.tucsonjcc.org.
Price $52 / Member price $40

Birthday Parties
The best place for your child’s birthday celebration is at the JCC. We have something for kids of all ages: inflatables, themes, sports, popcorn and sno-cone machines, new food options and more! All parties include a party captain to make sure your special day goes just the way you planned. Contact Shelly at sfitzgerald@tucsonjcc.org.
Packages start at $200

Key to Listings
Look for these symbols throughout the Program Guide to help you find classes and events that match your interests among the various JCC departments.

Just for Parents
Parenting Young Children
5:30-7:30 p.m. Wednesdays starting Feb. 20
Catalina Room
Join other parents in this six-week program and learn how to establish healthy relationship patterns right from the beginning with children ages 2-6. Topics cover everything from behavior, to self-esteem, to discipline, to emotional and social development. To register, contact the Parent Connection at 321-1500.

Enrichment Classes
Classes are open to everyone. Prices listed are for each (single) session. Most sessions run for six weeks unless otherwise noted. You can start classes in progress at a prorated rate. THA Students escorted from school at release time are no extra cost.

J-Care students receive a full 10% discount off member price if enrolled on same day (reduced from the stated member prices below). All classes follow this schedule unless otherwise noted.

Session 1: Week of Jan. 7 - Feb. 15
Session 2: Week of Feb. 18 - April 2
(no class March 26 and April 1)
Session 3: Week of April 8 - May 22
(no class May 15, 20 and 21)

MONDAYS:
Teena’s Lunch Bunch
12:15-1:15 p.m. • Ages 3-5
Instructor: Teena Sterlachini
Children learn to prepare their lunches from scratch and then have the pleasure of eating with Teena. This is a hands-on experience.
Price $88 / Member price $72 (per session)

Ballet
1:15-2 p.m. • Ages 4 & 5
2:15-3 p.m. • Ages 2 & 3
Instructor: Kirby Haakasma
Children explore creative movement and get an introduction to ballet terminology, barre exercises, and movement across the floor.
Price $80 / Member price $64 (per session)

Friday:
Meet the Instructors/Try Outs
Catalina Room
Week of Jan. 7, 4 p.m.
10 Classes plus performance:
Perf. Jan. 14, Apr. 8
Performance Apr. 15
Instructors: JCC’s Susan Kravitz and Julie Zorn
Whether your child wants to act or be part of the production, you won’t want to miss out on our brand new performing arts class. Children will learn acting skills, scene study, set creation, vocal training, stage crew and more. Students will practice for a production that will be open for family and friends to enjoy at the conclusion of the session. All children will be part of the production regardless of previous experience.
Price $97 / Member price $67

Mighty Mites Tennis
4-5 p.m. Grades K-1 Catalina Room
Meet the Instructors/Try Outs Jan. 7, 4 p.m.
10 Classes plus performance:
Jan. 14, Apr. 8
(no class Jan. 21, Mar. 25, Apr. 1)
Performance Apr. 15
Instructors: JCC’s Susan Kravitz and Julie Zorn
Whether your child wants to act or be part of the production, you won’t want to miss out on our brand new performing arts class. Children will learn acting skills, scene study, set creation, vocal training, stage crew and more. Students will practice for a production that will be open for family and friends to enjoy at the conclusion of the session. All children will be part of the production regardless of previous experience.
Price $97 / Member price $67

Sports & Wellness

Youth Soccer
4-5 p.m. Grades K-3
JCC Grassy Area
Classes start Jan. 7
No class Jan. 21, March 25, May 13
Instructor: Rachel Dunn (Certified Soccer Coach)
Learn the basic fundamentals of soccer in a non-competitive manner.
Children will practice dribbling, passing, trapping and scoring, as well as develop a sense of competence on the field.
Price $40 / Member price $30 (per session)

Sports & Wellness
**Junior Tennis Academy**  
Ages 10-18  
Mon. and Wed. • 5:15-6:30 p.m.  
AND Fridays 4:45-6 p.m.  
Session 1: Jan 7-30  
Session 2: Feb 4-27  
Session 3: March 4-29  
(No Class Mar. 25)  
Session 4: April 8-29  
Session 5: May 1-31  
(No Class May 15)  
A tennis clinic for advanced players. Emphasis includes stroke production, advanced drills, consistency, singles and doubles strategy and conditioning. For serious players looking to play competitively. Focus is on preparation for tournaments and playing at the high school level. Conditioning work will emphasize speed strength and stamina.  
**Price:** $80/Member price $64 (per session)

**Basketball**  
1:30-2:30 p.m.  
Ages 4-6  
Shoot, dribble, pass, and learn all the "FUN"amentals of basketball.  
**Price:** $80/Member price $64 (per session)

**Expressions in Art**  
4-5 p.m. • Grades K-5  
Art Studio  
No class March 26  
Instructor: Gerrie Young  
Each lesson is based on a style, movement, time period, artist, or individual piece of artwork. Classes will teach students the elements and principles of design, to build creativity. All supplies included.  
**Price:** $99/Member price $72 (per session)

**Beginning & Intermediate Group Guitar**  
Grades K-6  
Beginner 3:45-4:15 p.m.  
Intermediate 4:20-5 p.m.  
Meet the New Teacher  
Jan. 8 at 5 p.m.  
Classes start Jan. 15 plus recital on May 14.  
No class March 26  
Instructor: Ian Zickler/TucsonGuitar.com  
Learn guitar notes, chords and music theory. Attend all sessions and perform in a culmination recital for parents and friends on May 14 (included in fee).  
**Price:** $80/Member price $64 (per session)

**Computers**  
1:15-4 p.m. (30-minute classes)  
Ages 3-6  
Instructor: Todd Detry  
Sharpen your kid’s computer skills as they learn to use the mouse and keyboard with exercises that include drawing and coloring.  
**Price:** $80/Member price $64 (per session)

**Hip-Hop Kids and Freestyle Dancing**  
1:15-2 p.m. • Ages 3-6  
Energetic, amusing, playful and fun, this class allows kids to make new friends, learn teamwork and practice all of the latest hip-hop moves.  
**Price:** $80/Member price $64 (per session)

**Bubbe's Kitchen**  
Jan. 8 at 5 p.m  
Instructors: Brandeis National Committee  
JCC-Brandeis Partnership  
JCC Tucson Bubbe’s will share their tried and true dishes that helped define Jewish culture. This is a hands-on class. A potluck dinner will be offered at the conclusion of the class. Price does not include the cost of supplies.  
**Price:** $62/Member price $42

**Junior Beginners Tennis**  
Ages 8-13  
Tues. and Thurs. 4:15-5:15 p.m.  
Designed to help students enjoy this life-long sport by learning the fundamentals of ground strokes, volleys, serve, sportsmanship and court etiquette.  
**Price:** $145/Member Price $108

**High School Beginners Tennis**  
Ages 14-18  
Tues. and Thurs. 5:15-6:15 p.m.  
For high school students who have never played or beginners. Learn stroke development, singles & doubles, strategy and scoring.  
**Price:** $145/Member Price $108

**Story Hour**  
Jan. 16-21  
Session 1 & 3 Price: $80/Member price $60  
Session 2 Price: $75/Member price $55

**Tiny Tots Tennis**  
3-3:45 p.m. • Ages 3-4  
A basic introduction to tennis. Develop hand-eye coordination and excellent motor skills.  
**Price:** $70/Member price $54 (per session)

**Martial Arts**  
Demo first class for free  
Mighty Tigers: 3-4 p.m. • Ages 3-5  
Mighty Warriors: 4-5 p.m. • Ages 5-11  
**Aerobics room**  
Instructor: Black Belt 4 Life  
Build skills and confidence in this beginner and intermediate martial arts class. Learn martial arts steps, enjoy kung-fu based games, self-defense, and most of all, have fun! Features a final performance in May where students will break a piece of wood for family and friends to see.  
**Price:** $80/Member price $60 (per session)

**Story Hour**  
Jan. 8-15  
Session 1 Price: $80/Member price $60  
Session 2 Price: $75/Member price $55

**Zumbatronics**  
1:15-2 p.m. • Ages 4-5  
Instructor: Kirby Haaksama  
Learn fun Zumba/hip-hop moves choreographed to music that gets children moving. This class also includes across the floor moves to facilitate balance and body control.  
**Price:** $80/Member price $64

**Soccer**  
1:30-2:30 p.m.  
Ages 4-6  
Kids get out and exercise while learning the basics of soccer.  
**Price:** $80/Member price $64

**Creative Clay**  
4-5:15 p.m. • Grades K-6  
Instructor: Gerrie Young (MA in Art Education)  
Develop technique, experiment with hand-building clay creations, design with glaze, and learn to throw a pot on the wheel. Low fire take-home art. Please bring a smock.  
**Session 1 & 3 Price:** $98/Member price $76  
**Session 2 Price:** $84/Member price $63  
Add $10 supply fee per session.
**Family Engagement**

**SUNDAYS:**

**Free Introductory Guitar Classes for Adults and Kids!**
Jan. 13-Feb. 17, 2-3:15 p.m.
- J-Care Room
- Ages 8-Adult (youth will be given priority)
- Instructor: Ian Zickler/TucsonGuitar.com
- Beginning/Intermediate group lessons
- $60NM/Members Free
- ($20 for CD and text, paid to instructor)

**Family Pottery Class—Have Fun with Clay**
Jan. 20-Feb. 17
- Apr. 7-May 5
- 3-5 p.m.
- Ages 5-12
- Instructor: Gerry Young
- Price w/ one child: $85/Member price $100
- Plus $20 material fee
- One additional parent or child one-time fee of $10

**Classes ongoing (by appointment):**

**Professional Individual Piano Instruction**
- Ages 5 through Adult: Beginners or Intermediate
- 30 minute classes-M-F
- Contact szorn@tucsonjcc.org
- $25 per class

**Professional Tutoring**
- Ages 5-15
- 30 minute and 60 minutes
- Contact mzucco@tucsonjcc.org
- $25 per hour

**Teen Services**

**Youth Leadership Development in Israel**
- Tues., Jan. 22 • 5:30-7:30 p.m.
- A program partially funded through the Jewish Federation of Southern Arizona. This new program will culminate in sending up to 10 youth, ages 14-17, to Israel in the summer of 2013. Open to interested participants and their parents. Will be followed by a discussion, “The Why and What We Do and How it Impacts Others.” RSVP required.
- More information, call Scott Zorn at 299-3000 x192.

**In the Gallery:**

A portion of all Gallery sales supports Arts & Culture Programming at the JCC.

**Arts & Culture**

**Sanctuary through Partnership—A Collaboration Featuring “Flight”**
Mar. 15-Apr. 17
- Artist’s Reception Sun., Mar. 17, 1-3 p.m.
- Panel discussion with artists and Jeffrey Cornish, Executive Director of the IRC. Mar. 24, 1-2:30 p.m.

**Peter Elsnier & Sheryl Holland**
- Jan. 7-Feb. 6
- Artists’ Reception Wed., Jan. 23, 5-7 p.m.

**Work by the Students of Murray Keshner**
- Jan. 8-Feb. 1 (in the JHC)
- Artists’ reception Sun., Jan. 20, 2-4 p.m.

**Visions of the West**
- Photographs by Edlynne Sillman
- Feb. 7-Mar. 13
- Artist’s Reception
- Thurs., Feb. 14, 5-7 p.m.

**Weintraub Israel Center**

**Tu B’shevat Arty Party**
- Thurs., Jan. 24, 5-6:30 p.m.
- JCC Sculpture Garden
- A celebration of the New Year for trees! Traditionally it is celebrated by eating fruit and planting trees as a way to express the Jewish commitment to the earth. Art, food, and fun!

**Photographer Gil Cohen Magen—Lecture**
- Mon., Jan. 28 • 7 p.m
- JCC Ballroom
- View a photographic study of the ultra-Orthodox in Israel over the past eight years, capturing rare ceremonies and gatherings which have never been photographed by outsiders.

**Key to Listings**

Look for these symbols throughout the Program Guide to help you find classes and events that match your interests among the various JCC departments.

**Special Events**

**Opera dell’Arte: The Craft of Opera**
- Mar. 6-II Trovatore & The Marriage of Figaro
- 10 a.m. • Jewish Heritage Center
- Presented in conjunction with the Arizona Opera Company, this series delves into the history, story and behind-the-scenes details of each opera in the company’s 2012-2013 season.
- Each one-hour program features both lecture and live performances.

**Jewish Folk Influences on Russian and American Composers**
- Fri., Jan. 13, 3:30 p.m.
- Jewish Heritage Center
- Concert pianist, and conductor, Dr. Alexander Tentser, discusses Jewish settlement in Eastern Europe and the resulting cultural dissemination of Jewish musical idioms. He illustrates his talk with selections from Rimsky-Korsakov, Moussorgsky and Shostakovich.

Dr. Tentser will also participate in a full-day symposium at the UA on Sunday, Jan. 13, sponsored by the Arizona Center for Judaic Studies and the UA School of Music. More information may be found at judaic.arizona.edu.

Free

**Operetta Weekend at the UA**
- Jan. 26-Feb. 2
- JCC Ballroom
- A portion of all Gallery sales supports Arts & Culture Programming at the JCC.

**Teen Services**

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- Tues., Jan. 22 • 5:30-7:30 p.m.
- A program partially funded through the Jewish Federation of Southern Arizona. This new program will culminate in sending up to 10 youth, ages 14-17, to Israel in the summer of 2013. Open to interested participants and their parents. Will be followed by a discussion, “The Why and What We Do and How it Impacts Others.” RSVP required.
- More information, call Scott Zorn at 299-3000 x192.

**BBYO**
- Mondays • 7-8:30p.m.
- Jewish 9th-12th Graders (Closed during Winter Break)
- If you are looking for a way to make new Jewish friends, help your community, embrace your Judaism and, most of all, have a great time, then we are the group for you! For more information, please contact mkellman@tucsonjcc.org or call 299-3000 x175.
**Clay Experience Workshop**

**Sculpture**

Tuesdays, Jan. 15-Feb. 19
(6 classes)
Or Apr. 9-May 14
9 a.m.-Noon or 6-9 p.m.
Sculpture or various hand-building techniques plus glazing. Potter’s wheel demonstration.

**Price** $10/Member Price $95
(plus a $20 material fee)

**Family Pottery Class—Have fun with Clay!**

Sundays, Jan. 20-Feb. 17
(5 classes)
Or Apr. 7-May 5
3-5 p.m.
Instructor: Gerrie Young
Age limit for children is 5-12y/o

**Price** $10/Member Price $9
(plus cost of text paid to instructor)

**Age limit for children is 5-12y/o**

**3-5 p.m.**

**demonstration.**

**techniques plus glazing. Potter’s wheel**

**Sculpture or various hand-building**
Young Jewish Tucson
Make new friends and learn more about the community. New to Tucson, or native-born, if you’re 22-45, we want to meet you for cultural, social and educational events. Find out more about YJT by contacting Sarah Langert at 577-9393 or slangert@jfsa.org. Check out our Facebook group, “Young Jewish Tucson,” and stay up to date on upcoming programs. Join our e-mail list by mailing YoungJewishTucson@tucsonjcc.org. YJT is a collaboration of the Jewish Federation of Southern Arizona and the JCC.

Young Leadership Happy Hour
Tues., Jan. 8 • 6 p.m.
Social House Kitchen & Pub
Come hear about the Jewish Federation of Southern Arizona’s new 15/30 Challenge for Young Leadership and enjoy free appetizers, schmoozing and a cash bar. Free/Cash Bar

Project Hospitality
Sun., January 13
Help us feed 20-25 homeless men in the annual Project Hospitality program. Food and cash donations are needed. Call Sarah Langert to donate food or cash or to volunteer, 577-9393.

Kickball: The Sequel
Sun., February 10
By popular demand, we’re having a second kickball game this year. If you came in the fall, you’ll have even more fun this time. If you missed out, you’ll see what everyone was raving about.

Brunch and Community Service Project
Sun., March 17
We’re scheduling a surprise mitzvah (good deed) project that will warm your heart—after you fill your stomach.

YJT Brunch and Yom HaShoah Holocaust Memorial Program
Sun., April 7
Spend time with friends for a great meal, and then attend a powerful and inspiring program.

YJT at the Israel Festival
Sun., April 21
Hang out at the biggest Jewish Community Event in town. You won’t want to miss this!

Karaoke Night
Sat., May 4
Impress your friends with your best rendition of Love Shack or Bohemian Rhapsody.

Healthy Living
Living with Epilepsy
Wed., Feb. 13 • 6-7 p.m.
Catalina Room
Presented by: Edward Schievill, President of the Epilepsy Outreach Project, Inc. To raise awareness about epilepsy and perspectives about living with epilepsy or a seizure-disorder, a 22-minute film will be shown. Questions and discussion to follow. Free

Break the Silence on Ovarian Cancer
Tues., Mar. 19 • 6-7 p.m.
Catalina Room
Presenter: Margaret Hoeft
The National Ovarian Cancer Coalition (NOCC) Tucson Chapter’s mission is to raise awareness and promote education about ovarian cancer. This presentation includes two survivors with personal stories, education about the signs and symptoms, and the treatment for ovarian cancer. Questions and discussion to follow. Free

New Wellness Webpage
The JCC has a new Wellness page under the Sports and Wellness website tab. Each month there will be information to help our members with their health and wellness goals, including an exercise of the month and nutritional advice. You can find this page at www.tucsonjcc.org/sports/wellness/

Personal Training
Personal training services are available to members and non-members. We are staffed with a highly qualified team to help you achieve your fitness goals. Whether you are a young athlete learning proper technique or a healthy adult who wants to lose a few extra pounds, our staff can help you attain your goals. We offer flexible scheduling and pricing. Please contact Liz Lambert at 299-3000 x193 or llambert@tucsonjcc.org for more information.

Adult Sports Leagues
We offer sports leagues for adults of all ages. Sports include: Monday nights, men’s softball; Tuesday, co-ed softball; Monday & Tuesday, co-ed volleyball; and Wednesday & Thursday, basketball. All leagues run year round, so get a team together and sign up! For more information or to register, call Jason Apodaca at 299-3000 x119 or Luke at x251.

Be a Stingray
Be a part of the 300,000 swimmers across the nation who participate in USA competitive swimming. Join the TJCC Stingrays year round competitive swim team. We offer high-quality coaching and instruction for children ages 6-18. For more information, contact the Sports & Wellness desk x118.

Maccabi 2013
Plans are already underway for 2013! The Tucson Delegation will be attending the games in Austin, TX Jul. 26-Aug. 2nd. The games are open to Jewish athletes, ages 13-16. Sports at the Maccabi games include; basketball, bowling, swimming, dance, and tennis. Space is limited so contact Jason Apodaca at 299-3000 x119 as soon as possible.

The Ultimate Raw Food Challenge #2
Wed., Jan. 9, 16, 23, 24 • 6-7 p.m.
Small Kitchen, 2nd floor, West Balcony
Recommit to your Raw Food journey! This class is for those who wish to continue learning more about raw food. If you have attended raw food workshops before and wish to learn more advanced techniques, or just need a jump start your New Year nutrition, this class is for you. During the four weeks, you will learn to make raw cheeses, breads & sandwiches, wraps, rolls, noodles pastas and more.

Space is limited! Register by Jan. 2 at the Sports & Wellness Courtesy Desk. Minimum of 6 participants. Maximum of 10 participants.
Price $160/Member price $120

Tennis
Members can enjoy the free use of our six classic clay tennis courts. For a fee, we also offer year-round tennis classes:
• 20 hours of weekly adult tennis via 11 different adult clinics, drill & plays, team practices and academies.
• 15 hours of weekly junior tennis via 7 different junior clinics and academies.
We have Men’s and Ladies’ Teams which compete in USTA and interclub leagues. Class information can be found online at www.tucsonjcc.org or pick up a flyer at the Sports & Wellness Courtesy Desk.

Successful New Year Resolutions: Take Small Steps, Get Big Gains
January….the time of year when we get to start fresh and define what we want to achieve in the upcoming year, but how many years have you set a goal only to falter part way through the process? It happens and often because we tend to set goals that are too lofty. That’s not to say we shouldn’t aim high, but we do need to be realistic otherwise, be doomed for failure.

Lofty goals are healthy, but need to be broken down into chunks to ensure success. As age old wisdom states, “the journey of a thousand miles begins with one small step.” Make that one small step and your small steps will become strides and your strides will become achievements.

Here are some common New Year resolutions and ideas for small steps you could do to help achieve them:

I want to start exercising: Select an activity you enjoy and can easily fit into your schedule. Do five minutes of it four days a week. Do this for a week. If successful, then either add more days or more time (e.g. 10 minutes). Repeat this until you’re exercising at least five days a week for 30 minutes each day.

I want to eat more fruits & veggies: Add a fruit or veggie to one meal or snack five days a week. Do this for a week. If successful, then either add more days or another fruit or veggie the following week. Repeat this until you’re eating at least five a day.

I want to lose weight: See above!
I want to be less stressed: Choose a short relaxation activity you can do each day for a week (e.g. breathing exercises for one minute, a short walk, or simply smile). Do this for a week. If successful, then either repeat the same activity the following week, extend the time, or pick a new activity. Do this until you’ve built a daily relaxation habit.

Small Step Tip: Get a calendar and display it. Check off each day you do your small step.

Be sure to check out one of our Sports and Wellness classes at the J to help further your success!

Key to Listings
Look for these symbols throughout the Program Guide to help you find classes and events that match your interests among the various JCC departments.

Note that most classes have a discounted price for JCC members.

[Image for Arts & Culture]
Encore performance of The Jazz Baroness
(UK, 2009, English, 82 min.)
Eccentric Baroness Pannonica (“Nica”) Rothschild gave up family and position to love and live with pianist-composer, Thelonious Monk. From wildly different beginnings—his on a humble farm in America’s Deep South, hers in luxurious European mansions frequented by kings, queens and heads of state—the two strike up the unlikeliest of friendships.

Free Men
(France, 2011, French with subtitles, 105 min.)
1942, Paris is occupied by the Germans. Younes, a young Algerian immigrant, makes a living on the black market. Arrested by French police, he agrees to spy on their behalf at the Paris Mosque. His journey changes him from a politically naive immigrant worker into a fully-fledged freedom fighter. Based on true events.

My Lovely Sister
(Isreal, 2011, Hebrew with subtitles, 91 min.)
A surreal, artistic rendering of a Moroccan Jewish Folk tale as poignant as it is superstitious. There is an uneasy love triangle among the living and the living memory of the dead. A family tries to make peace with the past so they can live in the present.

Hava Nagila (the Movie) & Dance Party!
Single tickets $18
(USSA, 2012, English, 66 min.)
Come celebrate the Arizona premiere of Hava Nagila (the Movie) then kick off your shoes for the roof-raising dance party to follow! This documentary romp reveals the history, mystery and meaning of a great Jewish standard, tracing its travels from the shtetl, through Palestine, to the American bar mitzvah and beyond. Hava Nagila—the song you thought you knew; the story you won’t believe!

Kaddish For A Friend
(Germany, 2012, German with subtitles, 93 min.)
Kaddish tells the moving tale of an unlikely friendship between two lonely characters: a Russian WWII veteran and a Palestinian teen. Their relationship grows from extreme dislike, to understanding, to trust, and finally, forgiveness. Showcasing both gritty realism and a light touch, this film is based on real events.

Dolphin Boy
(Israel, 2011, Hebrew with subtitles, 72 min.)
This documentary reveals the healing powers of nature and love. Morad, a teenager from an Arab village in Israel, is savagely beaten by classmates. When his mind becomes disconnected and treatment does not help, his devoted father takes him to Eilat to seek dolphin therapy.

Mature content, not for young children.

Opening night festivities made possible by the Bob Polinsky Memorial Media Arts Fund.

View trailers on our YouTube page.

All movies shown at the Tucson Jewish Community Center unless otherwise noted.
In her creative adaptation of Bernice Eisenstein’s acclaimed illustrated memoir, director Ann Marie Fleming has crafted a tender film that shakes up perspectives and conveys the continuing legacy of the Second World War to a new generation. Using the healing power of humor, the film probes the taboos around a very particular second-hand trauma, leading us to a more universal understanding of human experience.

**I Was the Child of Holocaust Survivors**
(Canada, English, 2010, 15 min.)

In her creative adaptation of Bernice Eisenstein's acclaimed illustrated memoir, director Ann Marie Fleming has crafted a tender film that shakes up perspectives and conveys the continuing legacy of the Second World War to a new generation. Using the healing power of humor, the film probes the taboos around a very particular second-hand trauma, leading us to a more universal understanding of human experience.

**Follow Me: The Yoni Netanyahu Story**
(Israel, 2012, English, 85 min.)
The exciting story of a charismatic personality who chose to serve Israel rather than follow his own dreams. He became a hero after leading the dramatic raid on the Entebbe, losing his own life in the process. This inspirational film tells the story of warrior/scholar through his own poems, letters and personal stories.

**California Schmeer**
(USA, 2006, English, 25 min.)
A delightful look at the Jewish Culinary experience...the bagel! Who doesn't love the bagel?

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**Let My People Go!**
(France, 2011, Finnish and French with subtitles, 86 min.)
This kitchy, romantic romp tells the tale of a Nordic and French couple trying to fuse their disparate cultures. Misunderstandings abound as this absurdist comedy sends up both Jewish and gay stereotypes.

**Le Concert**
(France, 2009, Russian and French with subtitles, 119 min.)
A wonderful romp set to glorious music. Andrey Simonovich Filipov conducted the Bolshoi Orchestra for 30 years until he was fired for defending Jewish musicians. Now relegated to the role of janitor, he intercepts a phone call one day that presents the second chance he's been waiting for!

**Melting Away**
(Israel/Canada, 2011, Hebrew with subtitles, 86 min.)
The touching and beautifully crafted story of a family shattered by the discovery that their son is a cross-dresser. They force him out of their home but four years later, as Dad is dying of cancer, they are full of regret. Mom hires a private detective, but whom will they find? Made possible by the LGBT Inclusion Project of the Jewish Federation of Southern Arizona.

**Starring David**
(Netherlands, 2011, Dutch with subtitles, 93 min.)
David is the 12-year-old son of a Jewish father and non-Jewish mother. He yearns to be fully Jewish and “really belong.” This funny, mature documentary touches on issues of faith, anti-Semitism and identity.

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Film Festival Welcomes
Jeannie Opdyke Smith

Tuesday, January 15,
5:30 - 6:30 p.m. • Free

Jeannie Smith is the daughter of Polish rescuer Irene Gut Opdyke who passed away on May 18, 2003. Irene was named one of the Righteous Among Nations and presented with the Israel Medal of Honor for her actions during the war, and her life story has been told on Broadway in the nationally acclaimed play Irena’s Vow starring Tovah Feldshuh.

Her daughter, Jeannie, is part of a new generation of Holocaust Speakers (2nd Generation) who share the life stories of their parents’ first-hand experiences.

The story she tells, although filled with the horrors and hate of the Holocaust, also brings a message of faith, love and hope that good can triumph over evil. It proclaims the conviction that one by one we can say no to hatred, triumph over evil. It proclaims the conviction that one by one we can say no to hatred, persecution and prejudice.

Ms. Opdyke Smith’s presentation will be followed by the screening of Nicky’s Family at 7:00 p.m. (Film festival ticket prices apply.)

Co-presented by Northwest Division of the Jewish Federation of Southern Arizona

A New Year, A New Way to Eat: Mindfully

Another New Year and you swear to “go on a diet,” but in the back of your mind you might fall “off the diet” by March. Perhaps a NEW approach is in order. Greet the year with “Hara Hachi Bu.” It’s a Confucian teaching that translates, “eat until the belly is 80% full.” To succeed, you must eat mindfully.

But, what is eating mindfully? It’s eating with awareness and curiosity, rediscovering and relishing the tastes and textures of food that often go unnoticed. It’s easier said than done: busy lifestyles and our need to multi-task gets in our way.

We engulf a breakfast bar on the commute to work as we focus on driving and pick at a snack at our morning meeting while we converse. Then, we eat lunch at our desk in front of our computer with the hopes of meeting the afternoon deadline. The process continues into the evening as we eat our dinner while watching our favorite shows.

Mindful eating will slow you down, thereby giving your body time for digestive and hormonal processes to respond and nerve stretch receptors to send signals to the brain that the stomach is expanding. This process takes approximately 20 minutes after you’ve started eating. You could scarf food like you’re in an eating contest, but not feel full before 20 minutes. By eating mindfully, you will feel full before you overeat.

Tickets

Festival Pass.................. $100
General Admission........ $8
Seniors, Students,
JCC Members...................... $7
Other discounts available, please call (520) 615-5432, for more information.

Creating SMART Fitness Resolutions

It’s January 1st. You vow that this will be THE YEAR. You will utilize your gym membership, eat more vegetables, and rock that swimsuit. Inevitably, life happens, you slip back into old habits, and once again feel frustrated at yourself for not keeping your promise. Albert Einstein advised us that “insanity is doing the same thing over and over again but expecting different results.” Perhaps THIS YEAR it’s time to put insanity to rest and adopt a SMART approach.

SPECIFIC: Start with a goal that is unambiguous. While setting a clear goal, think about the five “W’s”: What do I want to accomplish? When can I realistically accomplish it? Why do I want to accomplish it? Who can help me accomplish it? Where can I go to work on it?

Example: I am setting a goal to lose 1.5 pounds per week. I want to lose 20 pounds (the What) in 4 months (the When) so I can play with my children without feeling exhausted (the Why). I will need the help of my spouse (Who) since I’ll be working out at the Activity Center (the Where) three mornings a week. Time is an issue, so I will schedule my workouts at a time of day when I’m least likely to skip them and have a “plan b.”

MEASURABLE: To know whether you completed your goal, you have to be able to track it and measure the outcome. Ask the question “how much or how many?”

Example: Setting a goal to lose 1.5 pounds a week and 20 pounds in four (4) months.

ACHIEVABLE: Set a realistic goal.

Example: A weight loss of 1.5 pounds per week is healthy and achievable.

RELEVANT: A goal that has meaning to your personally will be prioritized and get your attention.

Example: Being able to play with their children when they are still young is important to parents.

TIME-BASED: A target date will lend a sense of urgency and importance to your goal. Ask the question, “by when?”

Example: I will hit my target weight in 16 weeks.
JCC Hours
Building Hours:
Sun ........................................ 7 a.m.-8 p.m.
Mon-Thur ................................ 5:30 a.m.-10 p.m.
Fri ........................................... 5:30 a.m.-6 p.m.
Sat ........................................... 7 a.m.-6 p.m.*
*Sports & Wellness Only. Use Café Entrance.

Holiday Hours:
New Year’s Day, Tues., Jan. 1, 2013 ......
.... Sports & Wellness Open 7 a.m.-2 p.m.

Babysitting Hours:
Sun ........................................ 9 a.m.-2 p.m.
Mon-Fri .................................... 8:30 a.m.-1 p.m.
Mon-Thurs ................................ 4:15-7:00 p.m.
Saturday .................................. 9 a.m.-1 p.m.
$4.50 per hour; $2.25 per hour each additional child. Parent(s) must be on the Jewish Community Campus while using babysitting. 2-hour time limit.

Café @ the J Hours:
Breakfast
Mon-Fri .................................. 7-10 a.m.
Lunch, Dinner and Snacks
Sun ........................................ 9 a.m.-6 p.m.
Mon-Thurs ................................ 11 a.m.-6:30 p.m.
Fri .......................................... 11 a.m.-4 p.m.

Please Note:
Sports & Wellness closes 15 minutes before the building closes.

See pages 12-15 for details!