

SALADS



Small Garden Salad \$ 3.75
Mixed greens, cucumbers, carrots and tomatoes

J Salad \$ 5.95

Mixed greens, tomatoes, cucumbers, mushrooms, bell peppers, onion -

Add a Scoop of Tuna \$ 7.95

Add a Scoop of Egg Salad \$ 7.95

Caesar Salad \$ 5.95

Mixed greens & croutons tossed in our own Caesar dressing

Oriental Salad \$ 6.25

Mixed greens, bean sprouts, mandarin oranges, onions, sesame seeds, crispy noodles, & tossed in a sweet Oriental ginger dressing

Mexican Caesar Salad \$ 6.25

Mixed greens, tortilla chips, black olives, onions, tossed in Southwestern Dressing

Thai Salad \$ 6.25

Mixed greens, with bean sprouts, red peppers, shredded carrots, cucumbers, and tossed in a peanut dressing

Salad Sampler - Choose three \$ 6.75

Egg salad, tuna, hummus or babaganoush, served on mixed greens

Greek Salad \$ 6.95

Mixed greens, tomatoes, cucumbers, olives, red onions & feta cheese

Marinated Salmon Salad \$ 7.25

Mixed greens, cucumbers, tomatoes, onions, and shredded carrots

Add Tofu to any Salad for a \$1.50

Above salads served with choice of:
Basil, Ranch, Garlic Sesame, Italian

No Substitutions Allowed

SANDWICHES/WRAPPS



Tuna Salad (Sandwich or Wrap) \$ 6.00
With lettuce & tomato

Egg Salad (Sandwich or Wrap) \$ 6.00
With lettuce & tomato

Veggie Burger (Sandwich only) \$ 6.00
With lettuce & tomato
Add cheese \$.50

California Cheese (Sandwich only) \$ 6.75
Hummus, roasted eggplant, red peppers, and cheese

1/2 Sandwich Tuna or Egg \$ 4.00

Thai Veggie (Wrap only) \$ 6.00
Lettuce, shredded carrots, bean sprouts, green onions, bell peppers and Thai peanut dressing

Mediterranean (Wrap only) \$ 6.75
Hummus, chopped salad, olives, sun dried tomatoes, & feta cheese

Salmon (Wrap only) \$ 7.25
Salmon, mixed greens, cucubers, and tomatoes
Above items are served with potato chips, pickle, and fruit garnish

Choice of Bread for Sandwiches:
Wheat, White, or Rye

ISRAELI CORNER

Falafel Plate \$ 5.75
Falafel, Israeli salad, hummus, pita, & tahini

Israeli Salad Plate \$ 6.25
Israeli salad, babaganoush, grape leaves, hummus, pita & tahini

Stuffed Pita \$ 5.25
Pita filled with hummus, Israeli salad,

Side of Hummus with Pita \$ 3.00

Side of Babganoush with Pita \$ 3.25

SPECIALTY ITEMS

Moroccan Spinach Pie \$ 6.00

Quiche of the Day \$ 6.00
Above items served with choice of soup or graden salad

Soup & Garden Salad \$ 5.50

Soup of the Day \$ 3.25

Cheese Quesadilla \$ 6.75

Flour tortilla filled with cheese served with rice, chips & salsa

Build your own: .50 per additional ingredient

Green chilies, Jalapenos, Roasted Red peppers, Olives, Tomatoes, Mushrooms, Eggplant, Sun dried tomatoes, Onions, Spinach

Pasta Pesto \$ 5.75

Cold Thai Pasta \$ 5.75

GRILLED PANINI SANDWICHES

The Wisconsin \$ 5.50
Cheese only

The Tuscany \$ 5.75
Pesto, Sun dried Tomatoes & Cheese

The Moroccan \$ 6.00
Spinach, Eggplant, Red Peppers, & Cheese

The Atlantis \$ 6.75
Tuna, Tomatoes & Cheese
Above items are served with potato chips, pickle, and fruit garnish

Chocolate Banana \$ 4.75

FROM THE SIDE BOARD

Nachos \$2.95

Hummus \$3.00

Babganoush \$3.25

Pretzel \$1.50

Scoop of Tuna \$3.00

Scoop of Egg Salad \$3.00

French Fries \$2.25

Onion Rings \$2.75

Blintz Souffle \$3.95